



VSP Global Systems, LLC

INFORMATION
2021

OUR STATS

FOUNDED IN 1999

Velocity Sports Performance has a 20+ year history and extensive experience in the world of sport.

10

Olympic Games with Velocity supported athletes

17

Country's National Teams and athletes

21

First-Round NFL Draft picks

54

Olympic medalists

10,000+

Coaches & therapists educated

1,000,000+

Athletes trained across the globe

The logo for Velocity Sports Performance, featuring a stylized 'V' with a swoosh and the words 'Velocity' and 'SPORTS PERFORMANCE' below it.

THE COMPANY WE KEEP



"There is at least one golden thread that strings together masters of craft: a deep passion to explore the edges of potential. When I see my son leaving Velocity, with a skip and a bounce in his step, I'm reminded how skilled the Velocity coaches are at helping young athletes enjoy the process of exploring their edges."

Michael Gervais PhD.

Finding Mastery Podcast, Seattle Seahawks

WHAT WE DO

DEPLOYED EXPERT STAFF
CONSULTING SERVICES

HIGH PERFORMANCE

SPORTS PERFORMANCE
YOUTH FITNESS
ADULT FITNESS
SPORTS RECOVERY
INJURY THERAPY

SPORTS PERFORMANCE TRAINING

For Olympic Committees, National teams and Elite athletes, Velocity provides consulting and staff around the globe.

Performance, sports medicine, recovery, nutrition, psychology and science are integrated in a consulting model to help athletes perform their best.

Whether at Velocity facilities and partnered schools, or through virtual coaching, Velocity staff support thousands of individuals each week. They provide a range of classes, team training, private and semi-private services to engage and help people reach their goals.





Our History

BREAKING OPEN THE DOORS TO ELITE TRAINING

When world-class track coach Loren Seagrave founded Velocity in 1999, we broke open the doors to elite sport. We shared our experience working with world-class athletes with everyone.

Velocity gave athletes of all levels entry into elite training facilities. Staffed by professional coaches. Using advanced speed training and coaching techniques.

Any athlete willing to put in the work, could benefit and improve their speed

ELITE SPORT & HUMAN PERFORMANCE

We continue to follow our passion for elite sport. Today Velocity supports the world's best around the globe. We provide staff, programs, and systems for; training, rehab, injury prevention, regeneration, nutrition, mindset, and sports science.

In the last 2 decades, we've witnessed that what we do goes beyond sports. Performance training builds not only physical strength but mental and emotional as well. The training process supports all aspects of human performance. The pursuit of your best performance isn't limited to elite athletes. Our High-Performance methods help military, law enforcement, and first-responders stay sharp. Any individual engaged in their fitness, striving to get the most out of their training can benefit from what we've learned.

Our approach to human performance helps build stronger people, stronger organizations, and stronger communities. We strive to positively impact thousands of lives everyday.

WHO IS VELOCITY?



79K+

ENGAGED SUBSCRIBERS

Velocity has a clean email list of over 75,000 engaged subscribers who are looking for ways to improve performance and fitness.

2600+

ATHLETES TRAINING WEEKLY

Velocity trains thousands of members and teams across the country each week.

12

US LOCATIONS

12 facilities are located across the US as well as elite teams and athletes internationally.

100+

COACHES & SPECIALISTS

Velocity staff consists of college educated professionals in physical training, sports medicine, nutrition and recovery.

"If a girl doesn't participate in sport by the age of 10 there is only a 10% chance she'll be physically active at 25! To us, this is a statistic that should change immediately and Velocity has not only become a place to be active, it's a team which makes the dream work. Our two daughters love the challenge and setting goals!"

Kate M.

Parent, Candian Track & Field Olympian

THOUGHT LEADERS



previously featured in...

Sports Illustrated



NETWORK

ESPN

MEN'S FITNESS

Street & Smith's
SPORTSBUSINESS
JOURNAL

**STACK
SHAPE**



**South China
Morning Post**

WSJ
Wall Street Journal



VELOCITY HAS WORLD LEADING SUBJECT MATTER EXPERTS

Whether you need consulting or comment we can help in areas including;

- Athletic Development
- Speed Training
- Strength Training
- Injury Prevention
- Youth Sports Development
- Elite Sports Problem Solving
- Performance Mindset
- Training Technology
- Sports Recovery Methods
- Sports Injury Rehabilitation

Contact Us for Expert Comment

"I've been an elite athlete most of my life growing up in the Soviet sport system. I've had the best training in the world and Velocity knows how to get me ready... the team helps me train harder and smarter!"

Vladimir Matyushenko
Soviet Wrestling Champion, UFC Fighter



PAST PARTNERS



PARTNER SUPPORT

From promoting brands and products, to providing focus groups and market research we've partnered with leading brands.

We hold a unique place of influence to share messaging with young athletes, their parents, fitness enthusiasts, and professionals in this field.



Velocity
Sports PerformanceSM

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